



# Hawk's Eye

Weekly News from Hope Elementary School

[hes.fivetowns.net](http://hes.fivetowns.net)

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[Hope Elementary School Facebook](#)



## Upcoming Events for Your Calendar

March 18<sup>th</sup> – No school (teacher workshop day)  
April 18<sup>th</sup> - 22<sup>nd</sup> – No school (Spring Break)  
April 19<sup>th</sup> - HES School Committee meeting (6PM at HES)  
May 5<sup>th</sup> – Early Release (11:30AM) for Parent/Teacher Conferences  
May 27<sup>th</sup> – No school (teacher workshop day)  
May 30<sup>th</sup> – No school (Memorial Day)  
June 16<sup>th</sup> – Last day of Pre-K  
June 20<sup>th</sup> – No school (Juneteenth)  
June 24<sup>th</sup> – Last day of school (with 5 snow days used)

***"Happiness is not in the mere possession of money; it lies in the joy of achievement, in the thrill of creative effort."***

***~Franklin D. Roosevelt***

## HOPE RESIDENTS!

**SIGN UP FOR FALL 2022 PRE-K HERE:**

[Pre-K Registration](#)

**SIGN UP FOR FALL 2022 KINDERGARTEN HERE:**

[Kindergarten Registration](#)

HES is holding a change drive to donate funds to UNICEF to support children displaced by the war in Ukraine. Please look for canning jars labeled CHANGE FOR CHILDREN in your classroom and donate what you can. Every little bit counts. For further information please contact MaryBeth Pride at [marybeth.pride@fivetowns.net](mailto:marybeth.pride@fivetowns.net)

**8<sup>th</sup> Grade is raising money for [their class](#):**



**Pre-K Helpers!**

Some Pre-K boys took advantage of the warmer weather and swept and shoveled dirt off the basketball court. Here some weary workers take a well-earned break.

**BASEBALL AND SOFTBALL**

Registration is now open for softball and baseball. This is offered to students in grades 6-8. Both teams are combined HAL teams, Hope, Appleton, and Lincolnville. Softball is hosted at Hope and baseball is hosted at Lincolnville. Ben Laukka is coaching softball, and we are still looking for a baseball coach. Let us know if you or someone you know is interested.

To register for baseball:

[http://lcssports.sportsoffice.com/sport.php?level\\_id=1&org\\_id=42&sport\\_id=111](http://lcssports.sportsoffice.com/sport.php?level_id=1&org_id=42&sport_id=111)

To register for softball:

[https://orgsites.sportsoffice.com/sport.php?level\\_id=1&org\\_id=26&sport\\_id=381](https://orgsites.sportsoffice.com/sport.php?level_id=1&org_id=26&sport_id=381)



## HES SPIRIT WEEK FUN!

First graders were the winners of Spirit Week with 100% participation every day! Congratulations!





### **HES MENU for March 21st - March 25th**

*This institution is an equal opportunity provider.*

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- **Monday (3/21):** Cereal (Breakfast)  
Chop Suey (Lunch)
  
- **Tuesday (3/22):** Yogurt Parfait with Granola (Breakfast)  
Sloppy Joes (Lunch)
  
- **Wednesday (3/23):** Nutri Grain Bars with Yogurt (Breakfast)  
Chicken Quesadillas (Lunch)
  
- **Thursday (3/24):** Banana Muffins (Breakfast)  
Ham, Cheese & Veggie Wrap (Lunch)
  
- **Friday (3/25) -** Cereal (Breakfast)  
Pepperoni Pizza (Lunch)

### **ALL MEALS ARE FREE FOR STUDENTS**

Breakfast includes a protein, fruit, whole grain and milk.

Lunch options include a choice of salad, bagel or sandwich/entrée of the day. Fruit, a whole grain item, veggie slices and milk are offered with all meals.

## Little League Baseball and Softball Registration Is NOW OPEN!



Five Town Little League registration for the 2022 season is now open for all players ages 5 – 12!

Parent volunteers are also needed for all divisions. Please visit the FTLL website today to sign up for the season as well as the below March and April clinics at the PITCH, baseball/softball evaluations and parent volunteer positions.

Please note that signing up for the clinics and/or evaluations will NOT register your player for the season, that must be done separately.

REGISTER FOR CLINICS, EVALUATIONS AND THE 2022 SEASON TODAY AT: <http://ftll.sportsoffice.com/>

### Baseball clinics and evaluations at the PITCH:

3/12 - 12:30 - 1:30pm (7 to 9 year old clinic)  
 3/12 - 1:30 - 2:30pm (10 to 12 year old clinic)  
 3/19 - 12:30 - 1:30pm (7 to 9 year old clinic)  
 3/19 - 1:30 - 2:30pm (10 to 12 year old clinic)  
 3/29 - 5:30 - 7:00pm (9 to 12 year old clinic)  
 4/9 - 2:00 - 5:00pm EVALUATIONS (9 to 12 year olds only)

### Softball clinics and evaluations at the PITCH:

3/15 - 5:30 - 7:00pm (10 to 12 year old clinic)  
 3/22 - 5:30 - 7:00pm (7 to 9 year old clinic)  
 3/26 - 12:30 - 2:30pm (10 to 12 year old clinic)  
 4/10 - 2:00 - 3:00pm (7 to 9 year old clinic)  
 4/10 - 3:00 - 5:00pm EVALUATIONS (9 to 12 year olds only)



Please email [mainefivetownlittleleague@gmail.com](mailto:mainefivetownlittleleague@gmail.com) with any questions.

You can also follow us on Facebook at Five Town Little League.

Let's play ball!



# LACROSSE

**The first 4 weeks of Pen-Bay practices  
are Indoor @ The Pitch grades 3-8**

**Boys: Mon 5-6pm - Dates: April 4\*, 11, 18, 25**

**\* Only on April 4th: 7/8 grade boys go 6-7pm**

**Girls: Wed 5-6pm - Dates: April 6, 13, 20, 27**

**After the 4 weeks inside every one will move outside**

**Sign-up at the Pitch or online: <http://www.maineitch.com/lacrosse/>**



**Windjammer  
BASKETBALL  
CAMP**

**For Players entering grades 2-9**

**JULY 18-22**  
9:30-11:30, 12:30-2:30  
younger players/older players

**Hosted By CHRHS  
Coaches and  
Players**

**At Camden Hills Regional  
High School**

**Questions? Contact Jon Moro at  
JON.MORO@FIVETOWNS.NET**

**CALL : 207-691-7564**

**REGISTRATION  
FEE  
\$120**



# SUMMER 2022!

## Explorers Club Day Camp

June 27 - 30

A day camp for rising 2nd - 4th graders

## Sea Kayaking, Leadership & Astronomy

July 19 - 23

An overnight expedition for rising 8th & 9th graders

## Best of the Midcoast

Aug. 1 - 4

An adventure day camp for rising 5th - 7th graders

## Western Maine Canoeing & Leadership Expedition

An overnight expedition for rising 9th - 11th graders

Aug. 7 - 12



[www.mountainseaexp.com](http://www.mountainseaexp.com)





# Girls on the Run is for **EVERY** girl.



## Girls on the Run is an afterschool program like no other!

Twice per week for 10 weeks, girls will have fun, make friends, increase their physical activity levels and learn important life skills. Trained and caring coaches lead 3rd - 5th-grade girls through interactive lessons and movement activities. The season ends with a celebratory 5K event.



## Why it matters It's fun. It's effective.

Participating in Girls on the Run transforms girls' lives by helping them increase their self-confidence, develop healthy relationships, and feel good about themselves, inside and out.



Girls who were the least active at the start of the program increased their physical activity by more than 40%\*



97% of participants said they learned critical skills to manage emotions, resolve conflict, help others or make intentional decisions\*

\*Results based on a independent study conducted by Positive Youth Development expert Maureen R. Weiss, Ph.D.

## SEASON DETAILS

Registration Opens: **2/7/2022**

Program Starts: **4/5/2022**

Program Fee: **\$150**

Financial Assistance is available

Virtual Practice Days & Times:

**Tuesday & Thursday 4:00 - 5:30 PM**

Contact: Adam Kohlstrom

[akohlstrom@gmail.com](mailto:akohlstrom@gmail.com)

Learn more and register today at [www.girlsontherunmaine.org](http://www.girlsontherunmaine.org)



# GIRLS ON THE RUN SPRING 2022



Harbor Park  
Camden

Tues & Thurs  
4:00-5:30pm

April 5 - June 5

Registration is Open Now!

*register here* →

[www.girlsontherunmaine.org](http://www.girlsontherunmaine.org)